

Thoughts and Vibes  
*1.13.26 - From Berto Cafe, and then my kitchen table*

u ever have a serious  
conversation with someone  
and u think  
damn this is like the conversations  
they have in the movies

OK this is gonna be just a rapid fire lightning round string of thoughts. One of my resolutions was to try to upload onto this site daily so when I go home I can look back and be able to say I was consistent and have something tangible to show my time here. So yuh with that being said there are definitely gonna be some days I hit a wall and don't have the most interesting thing in the world to post but guess what MFs IMMA DO ME AND POST REGARDLESS! (100 emoji) Straight like that. Now without further ado some thoughts I've had recently that I wrote in my notes app:

- The best time / setting to go for a walk is when its balmy (not hot or overly warm. balmy) and it has rained earlier in the day. The sun is poking out a bit, and the ground is still wet and glistening from the rain, but not wet enough to cause problems and get your feet what. The pavement like glitters due to the wetness and its just the perfect environment for a good walk. Honorable mention for walking conditions: A light snowfall where you crunch thru the snow and it's night time and your properly dressed.
- You know you are a real competitor when you're getting an eye exam and you get fired up or get that competitive juice when you get to those smallest lines that are hard to read and the doctor is like "okay now these are tough but give 'em a go" and you nail that shit anyway. I'm reading them like hell. Yeah, give me a challenge, I love the grind. I want to walk out the room and have the doctor be like that is the best vision of a man I've ever seen.
- Sopranos is so good and italians consistently come up with the best ways to tell people go fuck themselves. Brought to my attention a glaring lack of creativity when i cuss people out.
- Drinking out of a flask and smoking from a wooden pipe is max aura. Will be adding both to my arsenal. Think Gandalf in LOTR.

- You know a wide receiver is cooked the minute you start to hear about what a great “run blocker” he is
- That black lady who was in the Diddy doc and was one of the jurors is so fanned out and parasocial she sucks
- Is running a marathon actually that hard ? I feel like I could do it. Definitely tripping on this one as i read it back
- Shitting on a date is one of the worst things of all time. Your internal clock is ticking so bad. Also when u shit on a date it’s always a shit with like 100 wipes smh. I’ll be on like wipe 50 begging for that TP to come back clean. Get back to the table talking about “yeah the bathroom line was mad long haha weird.” Just such a shit situation no pun intended
- “That dog will hunt” is an elite phrase. I will be adding it to my bag. Versatile and unique
- Deleting social media has me using the craziest apps on my phone. I scrolled thru my stock x suggested for me content because i have nothing else to do on my phone.